



# Elemental Outdoors

## Adult Booking Form

*Please take the time to ensure that this information is accurate as we will use this information to book portions of your activity. Elemental Outdoors cannot be held responsible for any problems that arise due to this form being completed incorrectly.*

*Once completed, please email this form to [admin@elementaloutdoors.co.uk](mailto:admin@elementaloutdoors.co.uk)*

Please Provide the name of your groups organiser:

Please Provide your groups Booking Reference Number:

Date of Activity:

Chosen / Booked Activity:

## About you

First Name:	
Last Name:	
Date of Birth:	
Telephone Number:	
Email Address:	
Pronoun:	
Please detail any medical conditions you have or procurations you need to adhere too or dietary requirements:	
Please write any medication you are on and the time it is required to be taken:	
Weight:	
Height:	

Please visit our Terms & Conditions and Policy Page on our website footer: [Terms and Conditions - Elemental Outdoors](#)

This document is to be emailed to [admin@elementaloutdoors.co.uk](mailto:admin@elementaloutdoors.co.uk)

Website: [www.elementaloutdoors.co.uk](http://www.elementaloutdoors.co.uk)



# Elemental Outdoors

Shoe Size:	
Optional Extra Information:	
Your Address:	
Your Occupation:	

## Emergency Contact Information

Name of your Emergency Contact:	
Phone number of your Emergency Contact:	
Email of Emergency your Emergency Contact:	
Relationship to you:	

### By submitting this form you agree to the following 5 statements

1. You participate in the activities provided by Elemental Outdoors at your own risk. If you feel pain, dizziness or other problems you should our staff immediately.
2. I understand that Elemental Outdoors accepts no responsibility for loss, damage, or injury caused by participating in the activities provided by Elemental Outdoors except where such loss, damage or injury occurred due to the negligence of Elemental Outdoors.
3. I consent to undergoing First Aid treatment from a member of Elemental Outdoors.
4. I accept that there is an element of risk involved in the activities that Elemental Outdoors Provides.
5. By submitting this form you are hereby agreeing to the Terms and Conditions arranged by Elemental Outdoors. Please visit our website to view them or click the link on the footer of this page or here [Terms and Conditions - Elemental Outdoors](#)

**Sign (paper) or Tick and write your name (computer) here if you agree:**  \_\_\_\_\_

If you are having trouble our reading terms and conditions you must ring us on +447890627422 where we can arrange to send you a copy or help to explain. Please do not submit this form until you understand the terms and conditions.

#### Mailing

If you would like to receive offers and newsletters please tick here

Please visit our Terms & Conditions and Policy Page on our website footer: [Terms and Conditions - Elemental Outdoors](#)

This document is to be emailed to [admin@elementaloutdoors.co.uk](mailto:admin@elementaloutdoors.co.uk)

Website: [www.elementaloutdoors.co.uk](http://www.elementaloutdoors.co.uk)